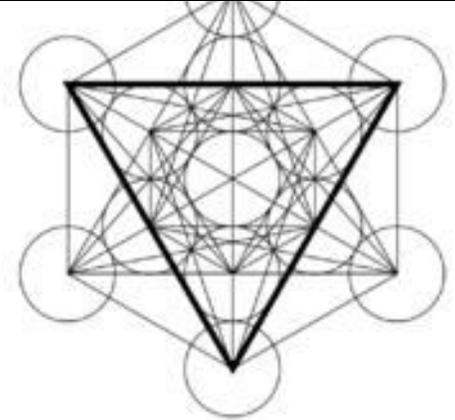




## Water Element

Of the four traditional elements, water is the one most closely associated with the energy of creation - all living things need water. It possess qualities of passive reception and purity, but it also has a subtle, pervasive force that influences every aspect of life.

Associated with the Moon, psychic abilities, dreams, and the realm of emotions, the Water Element is a shape-shifter, moving easily throughout the world by following the path of least resistance. Water can help uncover things, and while some of those things are delightful, other remind you why they were hidden in the first place.



## Connecting with water

Connecting with water is critical in keeping your intuition sharp and your emotional health in check. Take a bath, drink water or tea, place a vessel of water near your bed or in a sacred space, visit a body of water such as a pond, river or the ocean, eat fruits and vegetables high in water content.

*Tears are not the pain.  
They are the healing.*

-Annette Goodheart

## Correspondences

Direction: West

Colors: blue, silver, white

Tools: sea shells, rain water, ocean water, seaweek, hag stones, chalice or cup, cauldron

Crystals Amethyst, aquamarine, topaz, tourmaline, lapis, opal, pearl, sodalite

Plants: Aloe, apple, chamomile, ferns, jasmine, lily, lotus, moss, rose, willow

Tarot: Cups

Zodiac: Cancer, Scorpio, Pisces

## How to charge water

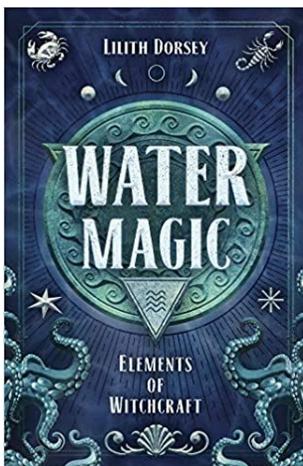
Use charged water for blessings, cleansings, water meditation or ritual representation and spellwork

*To a bowl of water, add a sprinkle of sea salt*

*Place a clear quartz crystal in the water*

*Place the bowl under moonlight overnight*

*In the morning, pour the water into a bottle to store for use.*



## Water Magic

by Lilith Dorsey

The first entry in Llewellyn's exciting new Elements of Witchcraft series, Water Magic reveals the amazing possibilities of using water in your modern practice. Once you learn to access the enormous depths of this life-giving and powerful element, it will enhance your magic and help you grow into a better version of yourself.

Cleansing and strong, the power of water is all around you and in you. Lilith Dorsey presents many ways to incorporate water into your magic, from washes and baths to spells and rituals. Discover how to use the symbols of water in your magical workings. Learn the histories and wisdom of rivers, lakes, and oceans, as well as water's relationship to the wheel of the year. Explore water and its manifestations in mythology and lore and meet the gods and goddesses who rule over the element.



# ~ EVENTS ~

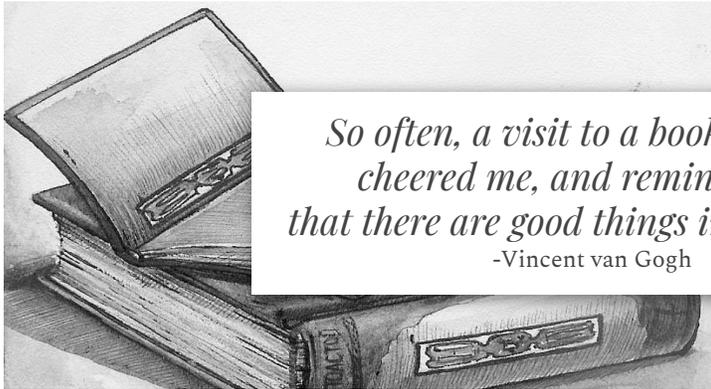


## ~ Artwalk Returns this August ~ Join us Friday, August 6, 5:00 - 9:00 PM

This August, Artwalk RETURNS to Billings Downtown and we are here for it! Join us on Friday, August 6 from 5 pm to 9pm for a celebratory reception for our featured artists (TBA) in our Gallery room. All Artwalk events are free.

*Art is something  
that makes you breathe with a  
different kind of happiness.*

-Anni Albers



*So often, a visit to a bookshop has  
cheered me, and reminded me  
that there are good things in the world.*

-Vincent van Gogh

## ~ New Store Hours ~

**Tuesday through Friday  
10:00 am - 5:00 pm**

**Saturday  
10:00 am - 4:30 pm**

**Sunday, Monday  
Closed**



## ~ Weekly Meditation Groups ~

**Oneness Meditation  
Fridays, 12:00 - 1:00 pm  
FREE**

This guided meditation practice is based around a gentle transfer of Divine energy called Oneness Deeksha or Oneness Blessing. Oneness Deeksha activates the kundalini, balances the chakras, and guides the recipient into higher states of consciousness. The purpose of the meditation is to initiate and assist you in your own unique journey of awakening and imbue your life with Divine grace; so that you may return to a natural state of connection to All That Is.

*The thing about meditation is,  
you become more you.*

-David Lynch



**Meditation Group. Aaron Daviau  
Saturdays, 10:15 am - 12:00 pm  
By Donation**

Re-balance and center yourself while receiving a channeled meditation and energy healing session.

# ~ INTUITIVE READERS ~



## **Tarot Readings, Jasmine Wallace**

Tuesdays, 12:30 - 5:00 pm | Saturdays, 12:30 - 4:30 pm

Jasmine is a Spiritual Life Coach and Tarot Oracle reader. She provides one on sessions alongside her 90 day Attune to Mind, Body and Spirit sessions. Jasmine will help you access your truth while removing blockages that are currently holding you back. Removing these barriers will allow you to have a clearer vision, tap into your personal power and feel confident about reaching your goals and improving life.

Find me at [www.TheElementsOfFate.com](http://www.TheElementsOfFate.com)

**60 Min. \$120 | 45 Min. \$85 | 30 Min. \$65**



## **Energy Healing and Quantum Reiki, John Whiteman**

Wednesdays, 12:00 pm - 5:00 pm

John is a Native American Energy Healer based in Hardin. You can release what doesn't benefit you now, John's hands on technique in person, and he does long distance healing as well, John wants to heal as many people as possible and try to help out with pain and discomfort where possible.

**60 Min. by Sliding Scale**



## **Tarot Readings, Todd Kintz**

Fridays, 12:00 pm - 5:00 pm

Todd Kintz is a 3rd Degree Wiccan High Priest, medium and clairvoyant. He has been providing clarity in all areas of life through the tarot, pendulum, runes and past life exploration since 1989.

**60 Min. \$75 | 30 Min. \$40**



## **Intuitive Readings, Stacey Schumer**

Wednesdays, 10:00 am - 1:00 pm

Stacey is a gifted psychic and spiritual medium who resides in Billings Montana. As a spiritual intuitive Stacey offers helpful guidance and detailed insight by way of communication with your angels and spirit guides. In her psychic readings Stacey channels information to assist you in facing the challenges from past trauma, and to help you move toward a more positive and connected future.

**60 Min. \$150 | 30 Min. \$80**



## **Psychic Medium Readings, Paul Cozino**

Thursdays, 12:00 pm - 5:00 pm

Paul Cozino is a psychic Medium. Paul has had this gift his whole life. Paul is also certified by the Center for Spiritual Enlightenment based in NYC. Paul can connect with Angels, spirit guides and loved ones that crossed over. Paul is a spiritual advisor, and also does small medium events and house cleansings.

Find him at [www.bigskymedium.com](http://www.bigskymedium.com)

**60 Min. \$125 | 30 Min. \$65**



## **Tarot Readings, Janna Wittenberg**

Last Saturdays, 12:00 pm - 4:30 pm

Janna is a local Reiki practitioner and book lover. She has been reading cards for family and friends for more than two decades, and is now making this talent available to the public.

**30 Min. by Sliding Scale**

# ~ FEATURED BOOKS ~

## I Sang You Down from the Stars

by Tasha Spillett-Sumner, Michaela Goade (Illustrator)

As she waits for the arrival of her new baby, a mother-to-be gathers gifts to create a sacred bundle. A white feather, cedar and sage, a stone from the river . . .

Each addition to the bundle will offer the new baby strength and connection to tradition, family, and community. As they grow together, mother and baby will each have gifts to offer each other.

Tasha Spillett-Sumner and Michaela Goade, two Indigenous creators, bring beautiful words and luminous art together in a resonant celebration of the bond between mother and child.



## We Are Water Protectors

by Carole Lindstrom, Michaela Goade (Illustrator)

Water is the first medicine.

It affects and connects us all . . .

When a black snake threatens to destroy the Earth  
And poison her people's water, one young water protector  
Takes a stand to defend Earth's most sacred resource.

Inspired by the many Indigenous-led movements across North America, *We Are Water Protectors* issues an urgent rallying cry to safeguard the Earth's water from harm and corruption—a bold and lyrical picture book written by Carole Lindstrom and vibrantly illustrated by Michaela Goade.

## The Smell of Rain on Dust: Grief and Praise

by Martín Prechtel

Inspiring hope, solace, and courage in living through our losses, author Martín Prechtel, trained in the Tzutujil Maya shamanic tradition, shares profound insights on the relationship between grief and praise in our culture--how the inability that many of us have to grieve and weep properly for the dead is deeply linked with the inability to give praise for living.

In modern society, grief is something that we usually experience in private, alone, and without the support of a community. Yet, as Prechtel says, "Grief expressed out loud for someone we have lost, or a country or home we have lost, is in itself the greatest praise we could ever give them. Grief is praise, because it is the natural way love honors what it misses."

This "little book," as the author calls it, can be seen as a companion of encouragement, a little extra light for those deep and noble parts in all of us.

