

## February

**Thursday, February 1**

*Imbolc, or St. Brigid's Day*

**Friday, February 2**

12:30 pm

Smudging Ceremony

5:00 pm - 9:00 pm

Downtown Artwalk

Featuring Artists Melissa Smith

**Saturday, February 10**

*Chinese Lunar New Year*

1:00 - 3:00 pm

Breaking Free: Healing from

Abusive Relationships

with Marcia Colver

5:30 - 6:30 pm

Women's Drumming Circle

**Wednesday, February 14**

*Valentine's Day*

**Saturday, February 17**

1:00 pm - 3:00 pm

Balancing Yin and Yang: Traditional

Chinese Strategies for Optimizing

Sexual Health

with Wren Nymeyer

**Saturday, February 24**

12:00 pm - 2:00 pm

Aspiring Author Workshop presented

by Author Elisa Lorello

Help us collect winter coats,  
scarves, gloves, hats, boots and  
blankets for those in need.  
Simply drop off your gently used  
items anytime during open hours,  
now through February.

*To love an enchanted life is to be challenged,  
to be awakened, to be gripped and shaken to  
the core by the extraordinary which lies at  
the heart of the ordinary. Above all, to live  
an enchanted life is to fall in love with  
the world all over again.*

*From The Enchanted Life  
By Sharon Blackie*



# ~ FEATURED EVENTS ~

## February Artwalk

Featuring artist Melissa Smith

Friday, Feb. 2

5:00 pm - 9:00 pm



Barjon's is pleased to welcome back artist Melissa Smith for February's Downtown Artwalk reception.

Smith often challenges boundaries in their art, gravitating to work on large canvas or edge to edge wall murals, collecting found materials to experiment with mediums and textures to create visual stories with depth and layers.

## Breaking Free: Healing from Abusive Relationships

with Marcia Colver

Saturday, Feb. 10, 1:00 - 3:00 pm

\$45

Join Marcia Colver from Channeling Divine as she facilitates the transformative class "Breaking Free: Healing from Abusive Relationships." In this comprehensive course, you'll explore the practice of cutting energetic cords to reclaim your emotional well-being and break free from the influence of past abusers.



With compassionate guidance, interactive discussions, and practical exercises, you'll gain insights into the dynamics of abusive relationships, learn to identify and release energetic cords, and cultivate self-compassion and resilience. Embark on this journey towards healing, liberation, and the creation of healthy, empowering relationships with Marcia Colver. "You cannot completely heal the body or mind without healing the energy body."

Internationally known psychic healer and spiritual alchemist Marcia Colver Reichert uses her intuition and supernatural readings to tell you about what is happening in your life as well as past lives, generational issues and inter-dimensional lives.

Space is limited to 12 attendees. RSVP online at [www.barjonsbooks.com](http://www.barjonsbooks.com)

## Imbolc, St. Brigid's Day

February 1



Brigid's Crosses are woven to celebrate the sabbat Imbolc. These crosses are made of rushes and hung by the door to protect the home from fire and evil. In Ancient Ireland, Imbolc came to honour the Celtic Goddess, Brigid. Brigid is originally referenced in our mythology as a Goddess of the Tuatha Dé Danann, Bríg ("BREEJ"); then as a triple Goddess - and later, an equally magical Saint Brigid.

St Brigid's Day was the festival of fertility and marked the beginning of spring in Ireland. It signalled an end to the darkness of winter and ushered in a new season of hope and growth.

## Balancing Yin and Yang: Traditional Chinese Strategies for Optimizing Sexual Health

with Wren Nymeyer

Saturday, Feb. 17, 1:00 - 3:00 pm

\$45

The ancient Chinese concepts of Yin and Yang encompass more than just mental and spiritual balance. In traditional Chinese medicine, Yin and Yang are fundamental forces in the human body, affecting all areas of health.



In this class, we will explore ways to balance Yin and Yang to optimize our libido. We will learn how to naturally increase and decrease these forces with special herbs and foods for better sexual health.

Wren Nymeyer is an herbalist, wellness educator, and meditation teacher that has over two decades of experience leading workshops on various physical, energetic, and spiritual healing systems. With a diverse background spanning various shamanic and mystery traditions, Wren draws from his experience with professional space clearing, energetic and vibration healing techniques, meditation, plant medicine, and ancient divination practices. They studied traditional Chinese herbal sciences at the East West School of Herbology and hold an advanced certification in Himalayan Sound and Vibrational Healing Therapy.

Space is limited to 12 attendees. RSVP online at [www.barjonsbooks.com](http://www.barjonsbooks.com)



# ~ FEATURED EVENTS ~

## Aspiring Author Workshop Presented by Author Elisa Lorello

Saturday, Feb. 24  
12:00pm - 2:00pm  
\$25

Calling all writers! Please join us as we welcome Elisa Lorello, Reiki Master-Teacher and Certified Intuitive Tarot and Oracle Card reader, for a Tarot for Writers class.

An international best-selling author, Elisa has always been attracted to tarot cards as a tool that uses storytelling to offer wisdom and guidance in her life. Now she is using the cards to help fellow writers maximize their storytelling power by clearing energy blockages and enhancing the writing process.



Elisa will show you how to use tarot and oracle cards to

- provide insightful, intuitive guidance tailored specifically for writers like you.
- assist the storytelling process directly by providing insight into character motivation and behavior, plot development, and even dialogue.
- unlock your creative potential, and overcome any obstacles in your writing path.

Additionally, she will give each attendee a personal tarot reading!

Elisa is the author of eight novels, including the bestselling *Faking It*, and one memoir. She has been featured in the *Charlotte Observer* and, more recently, *Last Best News*, and was a guest speaker at the Triangle Association of Freelancers 2012 and 2014 Write Now! conferences. She continues to speak and write about her publishing experience and teach the craft of writing and revision.

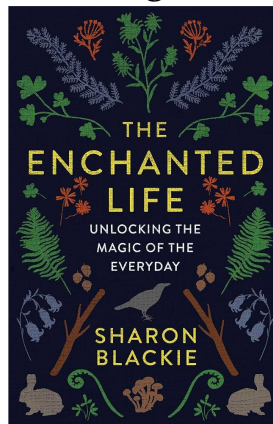
Space is limited to 12 attendees. RSVP online at [www.barjonsbooks.com](http://www.barjonsbooks.com)

## The Enchanted Life: Unlocking the Magic of Everyday by Sharon Blackie

In *The Enchanted Life*, Sharon Blackie speaks to those who feel an emptiness at the heart of modern life – who long for a more authentic, harmonious and connected way of being in the world.

The enchanted life presented here is one which is intuitive, which embraces wonder, and fully engages the creative imagination – but it is also deeply embodied, ecological, grounded in place and community. It understands the myths we live by; thrives on poetry, song and dance.

We're so in love with this book! Find *The Enchanted Life* in stock now at Barjon's Books!



## Year of the Dragon The Chinese Lunar New Year

Feb. 10



According to the Chinese horoscope, 2024 is the year of the Wood Dragon, a year of opportunities, changes, and challenges.

Dragon is the fifth in the 12-year cycle of the Chinese zodiac signs. According to Chinese mythology, the Jade Emperor set up a running race for all animals to take part in. The first 12 to reach the finishing line were rewarded with a position in the lunar calendar.

The Dragon is a majestic and lucky creature in Chinese folklore, symbolizing bravery, creativity, and innovation. According to the Chinese horoscope, 2024 is a year full of potential and opportunities for personal growth, professional success, and social impact. When combined with the nourishing Wood element, will bring evolution, improvement, and abundance; it is the perfect time for rejuvenated beginnings and setting the foundation for long-term success.

Therefore, the Year of the Dragon in 2024 is expected to be a time of visionary leaders, innovators and problem solvers. 2024 is also predicted to be a great year to start new projects, explore new opportunities and create value for yourself and others.

## Wednesday

### Wren Nymeyer, Tarot Readings

Weekly, 1:00 pm - 5:00 pm

**60 Min. \$120 | 30 Min. \$65**

Wren works with the tarot cards to deliver intuitive insight, guidance, and encouragement as we navigate the ever-changing waters of life. Bring a subject, concern, or question and glean some higher perspective as the tarot cards help to illuminate possibilities.

### 12-Step Alternative Topic Group

Weekly, 6:30 pm - 7:30 pm | **Free**

Curious about 12 step groups and the benefits of connecting with others of like mind? Talk about your spiritual journey openly without reserve as opposed to dogma or doctrine.

### Kay Bakken, Generational Healing

Feb 21 | 10:00 am - 4:00 pm

**60 Min. \$75**

Did you know that trauma can be passed down from generation to generation and can affect your emotions, behaviors, thoughts & even your health? As a Certified Generational Healer®, Kay works with your Ancestor to release those densities. She is honored to provide this service to the community.

## Thursday

### Paul Cozino, Psychic Medium

Weekly, 12:00 pm - 5:00 pm

**60 Min. \$155 | 30 Min. \$85**

Paul Cozino is a psychic medium certified by the Center for Spiritual Enlightenment based in NYC. Paul can connect with Angels, spirit guides and loved ones that crossed over. [Bigskymedium.com](http://Bigskymedium.com)



## Friday

### Lisa Knowlton,

### illuminating Heart Readings

Weekly, 9:00 am - 12:00 pm

**60 Min. \$140 | 30 Min. \$75**

Lisa is a psychic empath who collaborates with you and the Lords of Light. We help free the heart/mind from past life karma! This includes intuitive energy drawings, vocal toning, or touch to initiate movement of trapped energy.

[LisaKnowlton.com](http://LisaKnowlton.com)

### Smudging Ceremony

Feb 2, 12:30 pm | **By donation**

Join us for a discussion about Native smudging practice and participate in a cleansing ceremony. Smudging is a spiritual practice to cleanse the mental, physical, emotional, and spiritual wellbeing of an individual from negative energy. Space is limited to 12 attendees.

### Todd Kintz, Tarot Readings

Weekly, 12:00 pm - 5:00 pm

**60 Min. \$120 | 30 Min. \$65**

Todd Kintz is a 3rd Degree Wiccan High Priest, medium and clairvoyant. He has been providing clarity in all areas of life through the tarot, pendulum, runes and past life exploration.

### Deity Communication Ceremony

Weekly, 7:00 pm - 8:00 pm

**\$10 per person**

Communicate with ancestors, deceased loved ones, and spirit guides, led by Todd Kintz.

## Saturday

### Intuitive Readings By The Bog Witch

Feb 3, 12:30 pm - 5:00 pm

**60 or 30 Min. by Barter**

Glenda Brauneis specializes in intuitive readings and energy work to provide support and guidance as you navigate your magical journey.

### Women's Drumming Circle

Feb 10, 5:30 pm - 6:30 pm **Free**

Beat your own rhythm and form a beautiful harmonious connection with the circle through drumming. Come away refreshed, invigorated, open to our own rhythms and in touch with our selves. Bring a drum, if you have one. We also have a handful of drums available for use, if you don't.



*Schedule your one-on-one  
appointment online at*

[BarjonsBooks.com/Intuitive-Readers](http://BarjonsBooks.com/Intuitive-Readers)

## Monday

### Annelle Moore, Intuitive Reader

Weekly, 10:00 am - 2:00 pm

**90 Min. \$150 | 60 Min. \$100 | 30 Min. \$50**

As a Divine Feminine mentor she empowers you to quantum jump to your highest timeline of power, prosperity, and potentiality.

### Jasmine Wallace, Tarot Readings

Weekly, by appointment

**60 Min. \$229 | 30 Min. \$99 | 20 Min. \$59**

Using Tarot, Oracle, Astrological Charm Readings and Mediumship readings, Jasmine provides accuracy and validation, leaving you with a level of peace, calmness and reassurance.

[TheElementsOfFate.com](http://TheElementsOfFate.com)

## Tuesday

### Mels Smith, Tarot Readings

Weekly, 10:00 am - 1:00 pm

**15 Min. \$20**

Mels walks with you on your journey, gathering insights, perspective, and clarity through reading the signs and your energy. Mels uses the story that the cards tell to help you see your infinite potential for greatness!