

July 2024

Thursday, July 4
Independence Day
(closed)

Friday, Jul 12
4:00 pm - 6:00 pm
Chocolate Tasting Party

Saturday, Jul 13
11:00 am - 2:00 pm
Precision Health Consultation
Sessions

Wednesday, Jul 17
10:00 am - 4:00 pm
Generational Healing Sessions



Sunday, Jul 21
Store Open 12:00 pm - 4:00

12:00 pm - 2:00 pm
Book Signing with
Author Jeff Kober



Saturday, Jul 27
10:30 am - 4:30 pm
Human Design Readings

5:30 am - 6:30 pm
Womyn's Drumming Circle

Thursday, Aug 1
5:45pm - 7:00pm
Develop a Home Yoga Practice

~

Store hours
Monday - Saturday
10:00 am - 5:00 pm



~ FEATURED EVENTS ~

Chocolate Around the World Tasting Party

Friday, July 12, 4:00 pm - 6:00 pm

\$20 per person, *all proceeds go to Yellowstone Valley Animal Shelter*

Treat your taste buds to a variety of options ranging from sweet to salty to savory at this chocolate-tasting party. Travel around the world through this journey of flavor discovery to understanding the different types of cacao. Fully appreciate and evaluate a variety of cacao flavors and characteristics through all your senses savoring the before, during and after through observation, touching, listening, smelling, and tasting.



Anne is a physician in the evenings working as a radiologist. By day she is the owner and chocolate maker for Blind Cat Chocolate. The Mission of Blind Cat Chocolate is to make delicious, organic craft chocolate to raise money for cat rescue organizations. Net profits from chocolate sales are donated to rescues. The mission also includes using ethically sourced, planet-friendly ingredients and packaging.

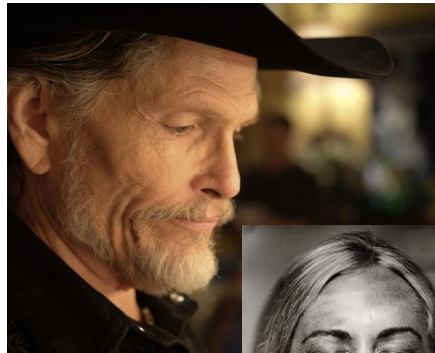
To learn more and register, RSVP online at barjonsbooks.com, or in person at Barjon's Books. Space is limited to 12 attendees.

AUTHOR EVENT with Jeff Kober

Featuring his book: Embracing Bliss

Sunday, July 21, 12:00pm - 2:00pm

Please join us for an informal talk about consciousness and how to find happiness in our day-to-day life, and a book-signing of Montana native Jeff Kober's book *Embracing Bliss*. Jeff has been a teacher of Vedic Meditation since 2007, and has recently published his book, **Embracing Bliss: 108 Daily Meditations**, and produces a companion to the book, *Embracing Bliss* Podcast with Jeff Kober.



He is also an Emmy Award-winning actor with credits that include recurring stints on *Shameless*, *New Girl*, *Big Sky*, *NCIS: Los Angeles*, *The Walking Dead*, *Sons of Anarchy*, *Truth Be Told* and *General Hospital*. His latest movies are available to screen no: *BREAK* on Amazon Prime, and *Self Reliance*, opposite Jake Johnson, on HULU.



EMBRACING BLISS: 108 Daily Meditations is a collection of writings designed to uplift and redirect the reader toward a more life-affirming perspective. Based in the author's extensive study of the Veda, Vedantic teachings and meditation, these reflections support a steady shift of consciousness from darkness to light. Our experience of life is determined by our consciousness, and consciousness can be changed. This book shows us how, day by day.

RSVP online at www.barjonsbooks.com, or in person at Barjon's Books.

1:1 Precision Health Consultations

with Clinical Herbalist Sophia Writsel

Saturday, July 13

11:00am - 4:00pm

20 minute sessions for \$20



These quick and easy 20-minute sessions are perfect for giving you that extra boost in the right direction. Whether you need help getting over a cold, want to strengthen your immune system, or need some expert advice before buying your next supplement or vitamin, we've got your back! Sophia is a clinical herbalist who is extensively trained in both Traditional Chinese Medicine and western health sciences and brings a well-balanced approach in finding solutions to your health concerns.

Book online by visiting inyourhands.zohobookings.com

Develop a Home Yoga Practice

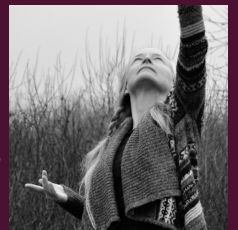
with Lisa Knowlton

Thursday, Aug 1

5:45pm - 7:00pm

\$35 per person

More info and RSVP at barjonsbooks.com



In this class you will be guided as a group while forming an alliance with yourself. Each month we will take time to discuss what it means to truly practice unification of the mind to the body and spirit and learn to expand outside the bounds of form.

~ FEATURED BOOKS ~

Sacred Cacao



Cacao trees grow in the wild in South America and Mesoamerica. The peoples of southern Mexico and Central America have a long history with cacao, using it as medicine, ceremonial drinks, and even currency. The Aztecs valued cacao more than gold.

Cacao ceremonies have been practiced for thousands of years to today, with both spiritual and physical benefits, including:

Enhances Mood and Energy: Ceremonial cacao contains theobromine, a natural stimulant that boosts energy levels and improves mood. It promotes feelings of joy, focus, and mental clarity, making it an ideal companion for intention setting and meditation.

Heart-Opening and Emotional Release: Cacao contains compounds that release feel-good hormones such as serotonin and endorphins. A profound sense of emotional release can result, allowing you to let go of negative emotions and connect with your heart more deeply.

Heightened Creativity and Intuition: Cacao ceremonies have been associated with stimulating creativity and enhancing intuition for centuries. The presence of certain compounds in cacao can help activate the right hemisphere of the brain, which is responsible for artistic expression and heightened awareness.

Heightened Spiritual Connection: For many, the ceremonial consumption of cacao serves as a powerful tool for connecting with one's inner self and the spiritual realm. The plant's properties are believed to open the door to higher consciousness and facilitate spiritual growth.

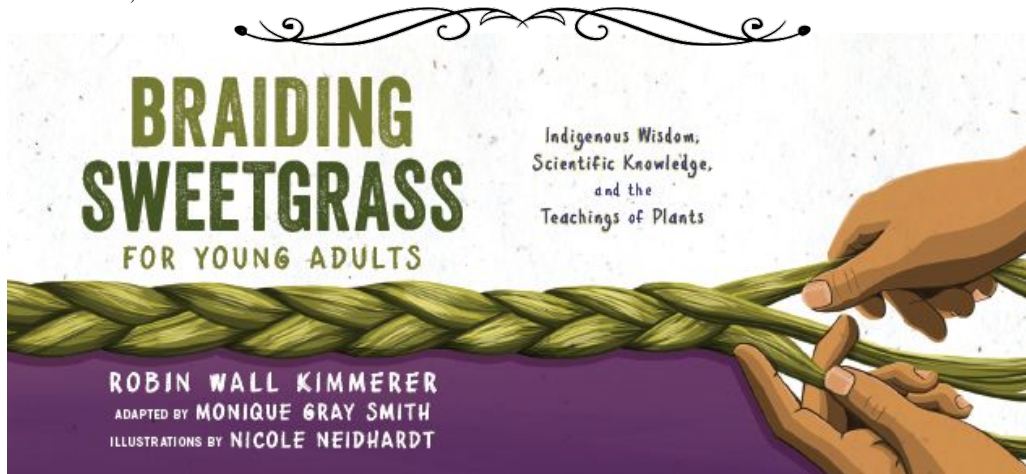
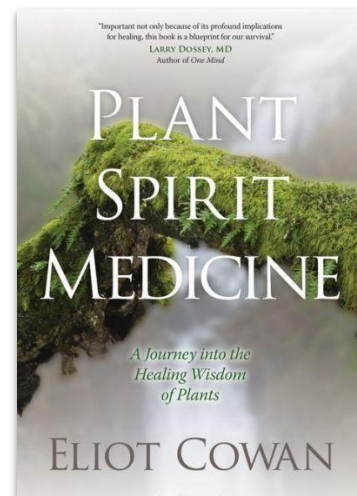
Plant Spirit Medicine

A Journey into the Healing Wisdom of Plants
By Eliot Cowan

Whether you live in a mountain cabin or a city loft, plant spirits present themselves to us everywhere. Since its first printing in 1995, *Plant Spirit Medicine* has passed hand-to-hand among countless readers drawn to indigenous spirituality and all things alive and green.

In this updated edition, Eliot Cowan invites us to discover the healing power of plants--not merely their physical medicinal properties, but the deeper wisdom and gifts that they offer.

Enriched by many new insights, this guide unfolds as a series of chapters on how plant spirit medicine helped Cowan resolve specific challenges in his own healing journey and in his work with others. In the telling, we learn how plant spirits can directly communicate with and aid all of us, including: Plant spirit medicine's five-element view of healing - Ways to assess our own states of health and balance - Receiving guidance from plants, including those found within herbal preparations - New passages on community and sacred plants such as peyote, marijuana, and tobacco - Additional interviews with plant shamans across diverse traditions, and more



Drawing from her experiences as an Indigenous scientist, botanist Robin Wall Kimmerer demonstrated how all living things—from strawberries and witch hazel to water lilies and lichen—provide us with gifts and lessons every day in her best-selling book *Braiding Sweetgrass*.

Adapted for young adults by Monique Gray Smith, this new edition reinforces how wider ecological understanding stems from listening to the earth's oldest teachers: the plants around us. With informative sidebars, reflection questions, and art from illustrator Nicole Neidhardt, *Braiding Sweetgrass for Young Adults* brings Indigenous wisdom, scientific knowledge, and the lessons of plant life to a new generation.

Robin Wall Kimmerer is a mother, scientist, decorated professor, and enrolled member of the Citizen Potawatomi Nation. Her first book, *Gathering Moss*, was awarded the John Burroughs Medal for outstanding nature writing. Her writings have appeared in *Orion*, *Whole Terrain*, and numerous scientific journals. She lives in Syracuse, New York, where she is a SUNY Distinguished Teaching Professor of Environmental Biology and the founder and director of the Center for Native Peoples and the Environment.

Monday

Krystal Adams, Tarot Readings

Weekly, 11:00 am -3:00 pm

60 Min. \$70 | 30 Min. \$35

With the assistance of tarot, Krystal offers insight and guidance in your life journeys, extending support and guidance with any obstacles in your life's path.

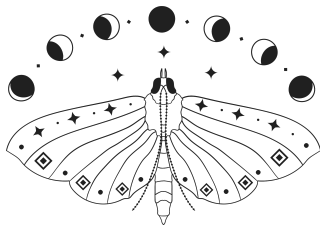
Tuesday

Mels Smith, Tarot Readings

Weekly, 12:00 am - 4:00 pm

15 Min. \$20

Mels walks with you on your journey, gathering insights, perspective, and clarity through reading the signs and your energy. Mels uses the story that the cards tell to help you see your infinite potential for greatness!



Wednesday

Marcia Colver, Intuitive Readings

Weekly, 1:00 am - 5:00 pm

60 Min. \$150 | 30 Min. \$85 | 15 Min. \$45

Marcia Colver blends the talents of channeling and vocalization to bring you messages from your guides, ancestors, dragons, and fairies. She can help you explore other lifetimes and experience your multidimensional self.

Kay Bakken, Generational Healing

Third Wednesdays, July 17

10:00 am - 4:00 pm | **60 Min. \$75**

Did you know that trauma can be passed down from generation to generation and can affect your emotions, behaviors, thoughts & even your health? As a Certified Generational Healer®, Kay works with your Ancestor to release those densities. She is honored to provide this service to the community.

Thursday

Paul Cozino, Psychic Medium

Weekly, 12:00 pm - 5:00 pm

60 Min. \$155 | 30 Min. \$85

Paul Cozino is a psychic medium certified by the Center for Spiritual Enlightenment based in NYC. Paul can connect with Angels, spirit guides and loved ones that crossed over. Bigskymedium.com



Friday

Lisa Knowlton, Heart Readings, Animal Communication

Weekly, 9:00 am - 12:00 pm

60 Min. \$140 | 30 Min. \$75

Lisa is a psychic empath who collaborates with you and the Lords of Light. We assist with heart/mind freedom from past life karma with intuitive drawings, vocal toning, or touch/energy healing to initiate movement of trapped trauma.

LisaKnowlton.com

Todd Kintz, Tarot Readings

Weekly, 12:00 pm - 5:00 pm

60 Min. \$120 | 30 Min. \$65

Todd Kintz is a 3rd Degree Wiccan High Priest, medium and clairvoyant. He has been providing clarity in all areas of life through the tarot, pendulum, runes and past life exploration.

Deity Communication Ceremony

Weekly, 7:00 pm - 8:00 pm

\$10 per person

Communicate with ancestors, deceased loved ones, and spirit guides, led by Todd Kintz.

Saturday

Tarot Readings by Jennifer

Second Saturday, July 6, 12:00 am - 5:00 pm

By Donation

Jen is an intuitive tarot reader who believes that tarot is a bridge between realms. With intuition, she weaves stories from the cards and revealing hidden truths and guiding you toward clarity. Life's twists and turns can leave us bewildered, as your tarot companion, she holds space for your vulnerability.

Sophia Writesel, Precision Health Consultations

Second Saturday, July 13, 11:00 am - 2:00 pm

20 Min. \$20

Sophia is a clinical herbalist who is extensively trained in both Traditional Chinese Medicine and western health sciences and brings a well-balanced approach in finding solutions to your health concerns. Whether you have been feeling 'off' or you have specific questions about your health, Sophia invites you to take this opportunity to obtain insightful, useful, and applicable information regarding your health during these affordable, one-on-one, 20-minute precision consultations. Book online by visiting inyourhands.zohobooks.com

Julia Petroff, Human Design Readings

Fourth Saturday, July 27, 10:30 pm - 4:30 pm

60 Min. \$88 | 30 Min. \$44 | 15 Min. \$22

Using your birthdate, exact time, and location, I will dive into your unique human design with an astrological twist and help you get to know yourself on a deeper level, reaffirm the gifts you came here to embody, and give insight into your life direction. You'll discover the power of your energetic aura and how to best utilize your energy and magnetism. The guidance of your session will be recorded for you so all you need to do is be present in the moment.

Womyn's Drumming Circle

Fourth Saturday, July 27, 5:30 pm - 6:30 pm

Free

Safe percussion, expression, & meditation session for all womyn and LTQ+. BIPOC trades highly valued. Together we can generate harmony and healthy vibrations rippling into hearts, tissues, lives, and community. Drum yourself and each other into improved breathing and refreshed brainwaves. If you have a heartbeat, you have rhythm! Bring your drum to learn more, or some drums are available.



*Schedule your one-on-one
appointment online at*

BarjonsBooks.com/Intuitive-Readers