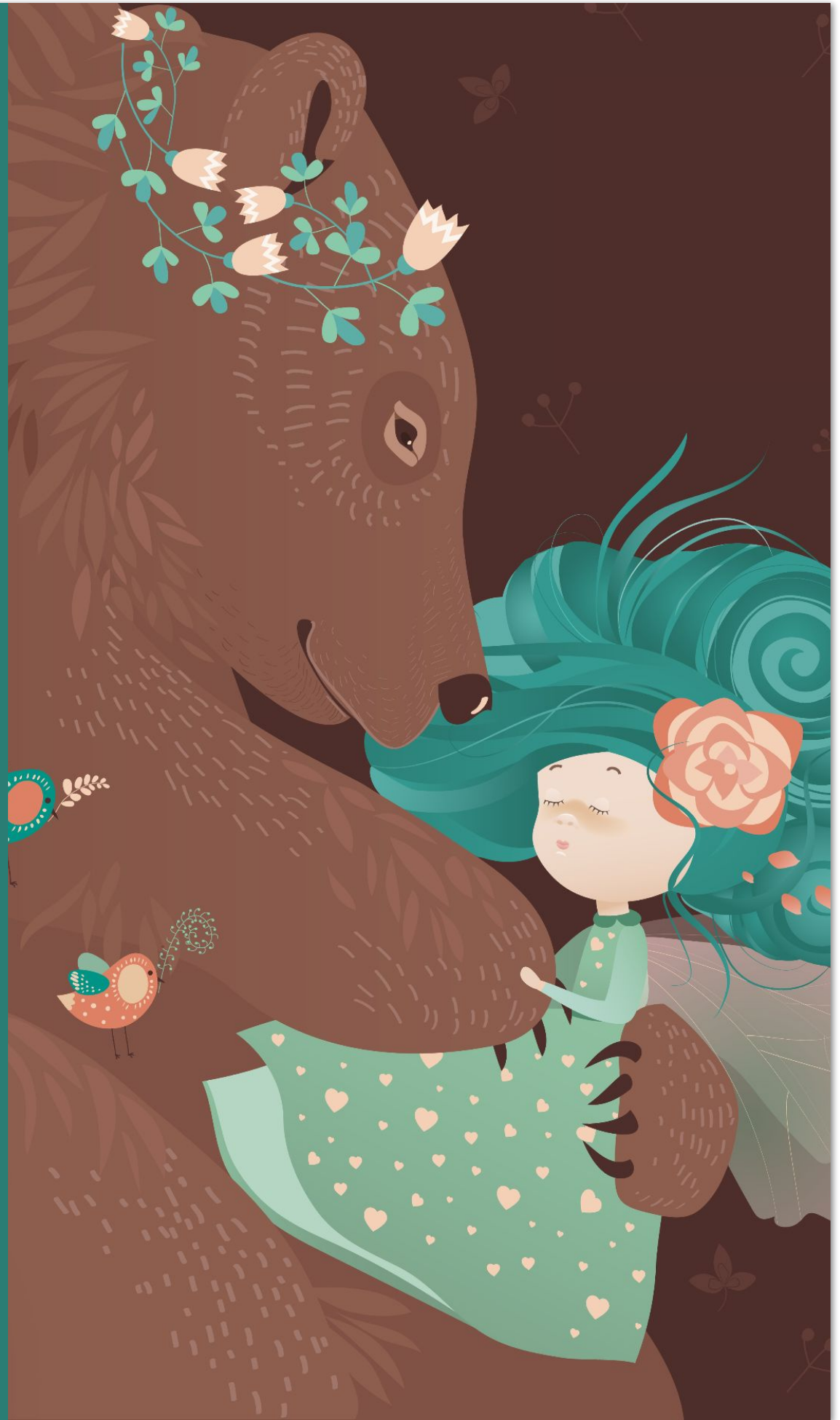


# BARJONS

February 2025

Store hours: Tuesday - Saturday | 10:00 am - 5:00 pm



# ~ FEATURED EVENTS ~

Saturday, Feb 1

12:00pm - 3:00pm  
Clarity Breathwork  
with Holly Soriano

Friday, Feb 7

12:00pm - 12:30pm  
Meditation Fridays  
with Lama Kshanti Sadhana

Saturday, Feb 8

1:00pm - 3:00pm  
Quantum Healing Hypnosis Workshop  
with Mary Lahti

Friday, Feb 14

12:00pm - 12:30pm  
Mantra Fridays with Lisa Knowlton

Saturday, Feb 15

11:00am - 12:30pm  
Vision Workshop with Susan Rickett  
  
4:30am - 5:30pm  
Sacred Feminine Drumming  
(see back page)

Wednesday, Feb 19

10:00am - 4:00pm  
One-on-One Generational Healing  
with Kay Bakken

Friday, Feb 21

12:00pm - 12:30pm  
Meditation Fridays  
with Lama Kshanti Sadhana

Saturday, Feb 22

10:30am - 4:30pm  
Human Design Readings with Julia Petroff  
(see back page, by appointment only)

Friday, Feb 28

12:00pm - 12:30pm  
Mantra Fridays with Lisa Knowlton

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Regular Store hours

Tuesday - Saturday  
10:00 am - 5:00 pm

*Closed on Sundays & Mondays  
this month*

## Clarity Breathwork

with Holly Soriano

Saturday, Feb 1 | 12:00 - 3:00 pm

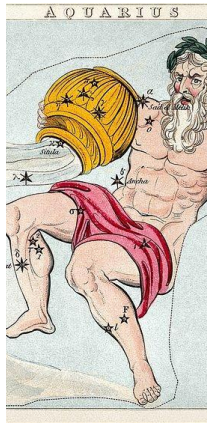
By Donation

Join this opportunity to learn how to cultivate your own inner wisdom. And have fun too! Holly Soriano is a fully certified breath-worker. She has worked 20+ years caring for individuals with person centered and trauma informed care.

Space is limited to 12 attendees. RSVP online at [www.barjonsbooks.com](http://www.barjonsbooks.com), or in person at Barjon's.



## February Insights - from Llewellyn's 2025 Magical Almanac



February opens with the celebration of Imbolc, a pagan Festival that marks the first signs of spring. The universal month number is 11. In numerology this is a master number representing leadership, and inspiration. The first 11 days of this month are particularly good time to make progress on plans and projects. The tarot card for this month is the Justice card, bringing in a need for balance and fairness.

The sun is in Aquarius until the 18th. This adds determination, but there could be some friction around the 8th or the 9th with Mercury aspecting Mars as it conjuncts the sun. The full moon in Leo on the 12th is good for socializing, but there's tension from the dissipating Mercury aspects, and Mars remains retrograde until the 23rd. The month ends with a new moon in Pisces on the 27th, a good time for reflection and introspection.

## Quantum Healing Hypnosis

with Mary Lahti

Saturday, Feb 8, 1:00pm - 3:00pm

\$40 per person

We all have some stress/anxiety about everything from our significant others, children, jobs, worldly affairs and the list goes on.



In this class, we will be discussing some of these issues in broad terms as not to pinpoint anyone's private concerns. We will also be using some basic breathwork and other solutions you can do at home, work or if you choose to book a private session to focus on your specific concerns.

Mary Lahti is a certified hypnotist through the National Guild of Hypnotists who helps people with stress, anxiety, weight loss, past life regression and so much more.

RSVP online at [barjonsbooks.com](http://barjonsbooks.com), or in person at Barjon's Books. Space is limited to 12 attendees. **Must be at least 18 years old.** Please bring a yoga mat, pillow and light blanket or there are chairs available for your comfort as well.



# ~ FEATURED NEWS ~

## Vision Workshop with Susan Rickett

Saturday, Feb 15 | 11:00 am - 12:30 pm

Free!

Susan's Purpose, Passion and WHY is to ignite, inspire, and empower people to create lives they envision for themselves; and to stand with them in knowing that there is a POWER and POTENTIAL within them FAR GREATER than any circumstance, situation, or condition.

In this workshop, she'll cover:

- The language of success
- A proven, reliable, repeatable system to help create what matters most to you
- Three powerful principles to help you improve your results in your life
- Growth signals that are catalysts for growth within us
- A Vision driven life vs life by default
- Causes for our results
- A life assessment
- Living life by Design vs. Default
- Four domains in which we create results

One of the most highly calibrated questions there is... What if you fail? You will be empowered with:

- Three tools to help you achieve your goals
- Greater clarity on your dreams
- Feeling even for confident in pursuing your vision

And, a FREE Gift!

Space is limited to 12 attendees. RSVP online at [www.barjonsbooks.com](http://www.barjonsbooks.com), or in person at Barjon's.



## One-on-One Human Design Readings

with Julie Petroff

Saturday, Feb 22, 1:00pm - 3:00pm

30 Mins \$50 | 60 Mins \$90

Using your birthdate, exact time, and location, I will dive into your unique human design with an astrological twist and help you get to know yourself on a deeper level, reaffirm the gifts you came here to embody, and give insight into your life direction.

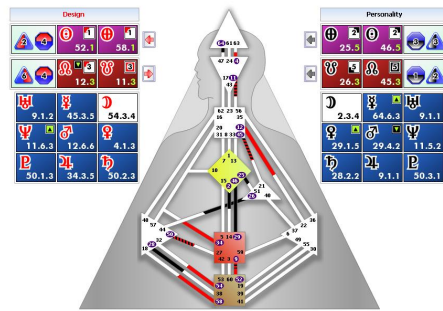
You'll discover the power of your energetic aura and how to best utilize your energy and magnetism. To provide you with the best experience, all bookings must be made at least 2 days in advance.

### 30 Minute Reading: \$50

An in-depth discussion of your type, strategy and authority, your profile, your energy centers, and life's work.

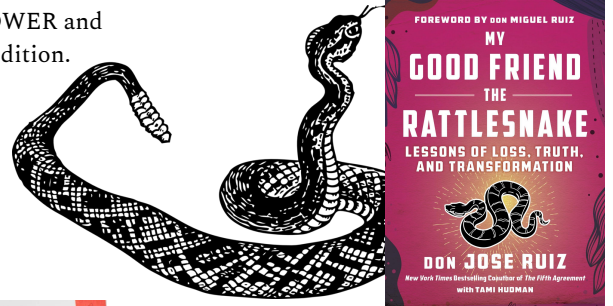
### 60 Minute Reading: \$90

A full deep dive into your human design, including your gates, channels, planetary placements, and more.



## My Good Friend the Rattlesnake

By don Jose Ruiz



The journey to personal freedom is rarely easy.

Few understand this better than don Jose Ruiz. In *My Good Friend the Rattlesnake*, Ruiz, now a bestselling author, spiritual teacher, and Nagual (Toltec shaman), reveals the dramatic twists and turns he experienced on his own path of transformation.

Through a series of deeply intimate stories, he explains how he overcame his addiction to suffering and embraced a life of love, clarity, and self-awareness. In one example, Ruiz recounts his unexpected journey with temporary blindness, an experience which paradoxically allowed him to see what truly mattered. In another, he challenges societal perceptions of spirituality, dismantling the idea that one must adhere to a particular image or path, and instead celebrates individuality and authenticity in one's spiritual journey..

Throughout the book, Ruiz incorporates several teachings from his father, don Miguel Ruiz (author of *The Four Agreements*). The lessons he shares are practical, profound, and accessible, making this collection not just a personal memoir but also a guidebook for anyone seeking spiritual growth and emotional healing.

Openhearted, vulnerable, and rich with exercises and meditations for self-reflection, *My Good Friend the Rattlesnake* stands as don Jose Ruiz's most personal work to date, providing invaluable insights and a unique perspective on what it means to heal, grow, and live authentically.



# INTUITIVE GUIDANCE



## Groups

### Meditation Fridays

12:00pm - 12:30 pm | Free

On 1st and 3rd Fridays, gather for mantra meditation led by Lisa Knowlton. Mantra sharpens the mind enhancing meditation.

On the 2nd and 4th Fridays, join us for meditation facilitated by Lama Kshanti Sadhana of the Billings Dharma Center.

### Deity Communication Ceremony

Fridays (except Artwalk), 7:00 - 8:00 pm

**\$10 per person**

Communicate with ancestors, deceased loved ones, and spirit guides, led by Todd Kintz.

### Breathwork Class

First Saturday, Feb 1, 12:00pm - 3:00 pm

**By Donation**

Join this class to learn how to cultivate your own inner wisdom. And have fun too! Holly Soriano is a fully certified breath-worker. She has worked 20+ years caring for individuals with person centered and trauma informed care.

### Sacred Feminine Drumming

Saturday, Feb 15, 4:30 - 5:30 pm | Free

"It Does a Heart good" -- with Valentine's day, be good to your own heart! Neurologist Barry Bittman, researching with REMO drums, found that group drumming lowers blood pressure, and decreases stress on a DNA level: 'When our hands connect with a drum that vibrates with our energy, emotion, hope, sensitivity, giving, sharing and unity: we become whole again.' And, "positive emotions, especially hope, contribute to lower levels of heart disease." Beginners and all levels are welcome!



## Tuesday

### Krystal Adams, Tarot Readings

Weekly, 12:30 pm - 4:00 pm

**15 Min. \$20 | 30 Min. \$60 | 60 Min. \$130**

With the assistance of tarot, Krystal offers insight and guidance in your life journeys, extending support and guidance with any obstacles in your life's path.



## Wednesday

### Marcia Colver, Intuitive Readings

Weekly, 1:00 pm - 5:00 pm

**15 Min. \$20 | 30 Min. \$85 | 60 Min. \$150**

Marcia Colver blends the talents of channeling and vocalization to bring you messages from your guides, ancestors, dragons, and fairies. She can help you explore other lifetimes and experience your multidimensional self.

### Kay Bakken, Generational Healing

Third Wednesday, Feb 13

10:00 am - 4:00 pm | **60 Min. \$75**

Did you know that trauma can be passed down from generation to generation and can affect your emotions, behaviors, thoughts & even your health? As a Certified Generational Healer®, Kay works with your Ancestor to release those densities. She is honored to provide this service to the community.

## Thursday

### Paul Cozino, Psychic Medium

Weekly, 12:00 pm - 5:00 pm

**30 Min. \$85 | 60 Min. \$155**

Paul Cozino is a psychic medium certified by the Center for Spiritual Enlightenment based in NYC. Paul can connect with Angels, spirit guides and loved ones that crossed over. [Bigskymedium.com](http://Bigskymedium.com)

## Friday

### Lisa Knowlton, Heart Readings,

### Animal Communication

Weekly, 9:00 am - 12:00 pm

**30 Min. \$75 | 60 Min. \$140**

Lisa is a psychic empath who collaborates with you and the Lords of Light. We assist with heart/mind freedom from past life karma with intuitive drawings, vocal toning, or touch/energy healing to initiate movement of trapped trauma.

[LisaKnowlton.com](http://LisaKnowlton.com)

### Todd Kintz, Tarot Readings

Weekly, 12:00 pm - 5:00 pm

**15 Min. \$20 | 30 Min. \$65 | 60 Min. \$120**

Todd Kintz is a 3rd Degree Wiccan High Priest, medium and clairvoyant. He has been providing clarity in all areas of life through the tarot, pendulum, runes and past life exploration.

## Saturday

### Jasmine Wallace, Tarot Readings

1st Saturdays, Feb 1 | 1:00 pm - 5:00 pm

**60 Min. \$222 | 30 Min. \$99**

Using Tarot, Oracle, Astrological Charm Readings and Mediumship readings, Jasmine provides accuracy and validation, leaving you with a level of peace, calmness and reassurance.

[TheElementsOfFate.com](http://TheElementsOfFate.com)

### Intuitive Readings By The Bog Witch

2nd Saturdays, Feb 8 | 12:30 pm - 5:00 pm

**30 or 60 Min. for Tips or Barter**

Glenda Brauneis specializes in intuitive readings and energy work to provide support and guidance as you navigate your magical journey.

### Tarot Readings by Jennifer

3rd Saturdays, Feb 15 | 12:00 pm - 5:00 pm

**30 Min for Tips or Barter**

Jen is an intuitive tarot reader who believes that tarot is a bridge between realms. With intuition, she weaves stories from the cards and revealing hidden truths and guiding you toward clarity. Life's twists and turns can leave us bewildered, as your tarot companion, she holds space for your vulnerability.

### Julia Petroff, Human Design Readings

4th Saturdays, Feb 22 | 10:30 am - 4:30 pm

**30 Min. \$50 | 60 Min. \$90**

Using your birthdate, exact time, and location, I will dive into your unique human design with an astrological twist and help you get to know yourself on a deeper level, reaffirm the gifts you came here to embody, and give insight into your life direction. You'll discover the power of your energetic aura and how to best utilize your energy and magnetism. To provide you with the best experience, all bookings must be made at least 2 days in advance.